



Cathy Reto, PhD
Director, Pine Grove Women's Center

Topic

Dual Disorder or Cross Addiction? Treating the Addicted Eating Disorder Patient

Abstract

The presentation of women with both a Substance Use Disorder and an Eating Disorder has become normative in both residential and outpatient treatment. There is a long standing debate as to whether eating disorders are conceptualized and treated as an addictive disorder or a psychological phenomenon. Regardless of the debate, evidence of common neurological pathways has been established and is particularly salient for women who struggle with both eating disorder and substance abuse disorder. The goal of this workshop is to discuss similarities and differences between eating disorders and substance use and to discuss treatment of ED and SUD targeting the unique clinical needs of this complex and challenging patient.

Learning Objectives

- 1) Following this presentation, participants will be able to identify and discuss current research regarding the neurobiological associations between eating disorders and substance abuse.
- 2) Following this presentation, participants will be able explain the neurophysiologic and clinical similarities, differences, and interactions between an Eating Disorder and Substance Use.
- 3) Following this presentation, participant will be able to conceptualize and develop a treatment plan specific to women who are dually diagnosed with both an Eating Disorder and Substance Use Disorder.

Schedule

August 19, 2017
1:15-2:30 pm Presentation

Oliver-Pyatt Centers is an affiliate program of Monte Nido & Affiliates. Monte Nido & Affiliates is approved by the American Psychological Association to offer continuing education for psychologists. Monte Nido & Affiliates maintains responsibility for the program. Credit is awarded based on full-time participation and completion of all required documentation. Monte Nido & Affiliates is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 1.25 Continuing Professional Education units (CPEUs) for completion of this activities / materials.

Monte Nido and Affiliates 23815 Stuart Ranch Road Malibu, CA 90265
Monte Nido & Affiliates has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6782. Programs that do not qualify for NBCC credit are clearly identified. Monte Nido & Affiliates is solely responsible for all aspects of the programs.

CPE
Accredited
Provider

Commission
on Dietetic
Registration
the accrediting agency for the
Academy of Nutrition
and Dietetics

