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Topic

Current Modalities for Treatment Resistant Depression with Eating Disordered Clients

Abstract

Depression remains to be a challenging diagnosis for the clinician and physician to effectively respond to. Isolation, sleep disturbance, medication side effects, suicide ideation or attempts all are symptoms which can complicate effective treatment. These issues are only further compounded when we explore current attitudes towards weight, body image, food trends, diet industry, healthcare and wellness in addressing the needs of the Eating Disordered client. The interaction between mood and food is key when working with these struggling individuals. The presentation will focus on newer treatment modalities for treatment resistant depression with the eating disordered patient, including repetitive Transcranial Magnetic Stimulation (rTMS) and Ketamine infusions. We will also discuss the changing theories of depression going from the catecholamine theory to the newer synaptogenesis theory. A review of case studies will additionally be offered.

Learning Objectives

1. Participants will list two examples of how mood and food are connected in illness or wellness.
2. Participants will identify two differences between catecholamine theory & synaptogenesis theory related to treatment of depression.
3. Participants will identify two key criteria for treatment resistant depression.
4. Participants will be exposed to how rTMS and Ketamine can be applied to treatment resistant depression and will identify three key factors in determining if these interventions should be utilized.

Schedule

August 19, 2017
8:30-9:45 Presentation

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