



Margaret Nagib, PsyD
Clinical Development Institute Faculty
Timberline Knolls Residential Treatment Center

Topic

Intoxicating Cycles of Shame: The Missing Link in the Treatment of Co-Occurring Eating and Substance Abuse Disorders.

Abstract

A deep sense of shame often underlies and drives eating disorders (ED) and substance abuse (SA). When these two disorders co-occur, the level of shame intensifies. The special challenges of treating these co-occurring disorders will be discussed and this presentation highlights shame as a key force underlying and perpetuating the cyclical nature of these disorders. Clinicians will learn how to identify and help individuals break the patterns of shame that drive destructive behaviors.

Learning Objectives

1. Participants will be able to articulate and identify the special challenges in diagnosing and treating co-occurring ED and SA.
2. Participants will be able to articulate and identify the cyclical role that shame plays in the precipitation and perpetuation of these disorders.
3. Participants will be able to identify and articulate practical ways to help individuals break cycles of shame and destructive behaviors in ED and SA.

Schedule

August 18, 2017
8:45-10:00 am Presentation

Oliver-Pyatt Centers is an affiliate program of Monte Nido & Affiliates. Monte Nido & Affiliates is approved by the American Psychological Association to offer continuing education for psychologists. Monte Nido & Affiliates maintains responsibility for the program. Credit is awarded based on full-time participation and completion of all required documentation. Monte Nido & Affiliates is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 1.25 Continuing Professional Education units (CPEUs) for completion of this activities / materials.

Monte Nido and Affiliates 23815 Stuart Ranch Road Malibu, CA 90265
Monte Nido & Affiliates has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6782. Programs that do not qualify for NBCC credit are clearly identified. Monte Nido & Affiliates is solely responsible for all aspects of the programs.

