



7th Annual Southeastern Eating Disorders Conference 2016
Integrated Treatment for Eating Disorders
San Destin, FL
Thursday, August 18, 2016

1:00PM-3:00PM

Karin Lawson, PsyD, CEDS, RYT & Debra Benfield, M.Ed., RDN, LDN, RYT
Integrating Yoga into Outpatient Eating Disorder Treatment: Perspective
from a Therapist and Registered Dietitian (2.00 contact hrs.)

3:00PM-3:30PM

Break

3:30PM-5:30PM

Susan Mullins, MA, LMHC, TEP, CEDS & Sandra Overman, MA, LMHC, TEP
Taming the Body Image Gremlin (2.00 contact hrs.)

Thursday CE Hrs:

4.00 hrs.



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Friday, August 19, 2016

7:45AM- 8:30AM	Registration- Continental Breakfast	
8:30AM-8:45AM	Welcome & Announcements	
8:45AM- 10:00AM	Valerie Martin, LCSW	(1.25 contact hrs.)
	Creating a Values-Driven Life in Recovery	
10:00AM-10:30AM	break with exhibitors	
10:30AM-11:45PM	Breakout A: Jenn Burnell, MS RD/LDN CEDRD	(1.25 contact hrs.)
	Body Language: The Roles of Physical Activity and Movement in Eating Disorder Etiology and Treatment	
	Breakout B: Kim Dennis, MD	(1.25 contact hrs.)
	Medical Aspects of Eating Disorders Treatment	
12:00 - 12:30 PM	Lunch	
12:30 - 1:45 PM	Workshop	(1.25 contact hrs.)
	Debra Jay	
	It Takes a Family: A Cooperative Approach to Lasting Sobriety	
1:45PM-3:00 PM	Breakout A: Katherine Godwin, MD	(1.25 contact hrs.)
	Psychopharmacology in the Treatment of Eating Disorders and Their Co-Occurring Conditions	
	Breakout B: Terri McCann, PhD, LP, CEDS	
	Introduction to the Benefits of the Internal Family Systems Model in Treating Eating Disorders	
3:00-3:15 PM	Break with exhibitors	
3:15 PM-4:30 PM	Tammy Beasley, RDN, CEDRD, LD, CSSD	(1.25 contact hrs.)
	The Gut "Brain" and Anorexia: Nutrition Therapy's Role in the Healing Process	
4:30 PM-5:45PM	Bethany Blanco Booth, LMFT	(1.25 contact hrs.)
	I Can't Trust You and I Don't Know Me: The Confusing Reality of Trauma and Eating Disorders	
Friday CE Hrs.:	7.50 Hrs.	



**7th Annual Southeastern Eating Disorders Conference 2015
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Saturday August 20, 2016**

7:00AM-8:00AM	Open 12 Step Meeting	
8:00AM-8:30AM	Breakfast/ networking opportunity with exhibitors	
8:30AM-9:45 AM	Holly Cook, M.A.	(1.25 contact hrs)
	Enhancing Emotion Regulation through Breathwork Practice	
9:45AM-10:15AM	Break with Exhibitors	
10:15AM-11:30AM	Break-out A: Norman Kim, PhD	(1.25 contact hrs.)
	Exposure and Response Prevention in Eating Disorder Treatment: Using In Vivo and Imaginal Techniques to Cultivate Safety in the Midst of Fear	
	Break-out B: Stephanie Zerwas, PhD and Featuring McCall Dempsey	
	It's All Relative: Genetics & Eating Disorders	
11:45 - 12:15 PM	LUNCH	
12:15 - 1:30 PM	Workshop	(1.25 contact hrs.)
	Heather Hayes, M.Ed., LPC	
	Hidden Intervention Pitfalls: A blueprint for Intervening in the presence of an undisclosed Feeding and Eating Disorders; traditional intervention protocols no longer apply	
1:45PM-3:00 PM	Mary Dye, MPH, RD, CEDRD, LD/N & Annie Hoffman, MA, ATRBC, LMHC	(1.25 contact hrs.)
	Reconnecting the Dots: A journey into identity work through food and art	
3:00 PM - 3:15 PM	Break with Exhibitors	
	After this break, exhibitors may break down	
3:15 PM - 4:30 PM	Kristin Canan, LGSW	(1.25 contact hrs.)
	When Numbing Becomes the Only Way I Can Survive: Navigating the Aftermath of Trauma	
4:30 PM - 5:45 PM	Renee Rieneke, PhD & Elizabeth Wallis, MD, MHSP	(1.25 contact hrs.)
	Updates in Using FBT in Treatment of Eating Disorders	
Saturday CEHrs.	7.50 hrs.	