



6th Annual Southeastern Eating Disorders Conference 2015
Integrated Treatment for Eating Disorders:
Trauma and Eating Disorders
New Orleans, LA
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Speakers

Marian McGavran, LCSW

Title: Masquerade or Mask: The Changing Face of Eating Disorders

Bio: Ms. McGavran is the Program Director of the Eating Disorders Treatment Center at River Oaks Hospital in New Orleans, Louisiana. She received her Master's Degree in Social Work from Tulane University and joined Social Services at River Oaks in 2003, gaining experience in the treatment of teens and their families on the Child and Adolescent Unit. After identifying an interest in the field of eating disorders, Ms. McGavran was transferred to the Eating Disorders Program where she was soon named Lead Therapist. In 2006, she was promoted to Program Director. Ms. McGavran is a member of the International Academy of Eating Disorders and her interests include: Family Therapy, Motivation Enhancement, and Relapse Prevention.

Abstract: Based on historical evidence, it is believed that eating disorders have existed since at least the first century. Until the last fifty years the majority of those with a diagnosis have fit into one category. With the availability of cross cultural communication in the last half century, the demographic of those diagnosed with an eating disorder has changed. The age of onset, military vs. civilian, religious backgrounds, ethnicity and family dynamics all play factors in if someone is likely to develop an eating disorder and seek treatment if so. Drawing from credible sources in the fields of psychology and social work, this activity encompasses current research and

practice knowledge that apply to psychotherapeutic practice. In addition to clinical experience gained by treated patients with disordered eating behaviors that fit inpatient criteria, this presentation was derived from the following works:

Learning Objectives:

- To explain the role of culture in the development and maintenance of eating disorders.
- To apply cultural considerations into assessment and planning.
- To identify behaviors in various ethnicities that may lead to eating disorders.