



6th Annual Southeastern Eating Disorders Conference 2015
Integrated Treatment for Eating Disorders:
Trauma and Eating Disorders
New Orleans, LA
August 28-29, 2015
Speakers

Leah Graves, RDN, LD, CEDRD, FAED

Title: Evidence-based Nutrition Practice for Eating Disorders

Bio: Leah Graves, RDN, LD, CEDRD, FAED, is the manager of nutrition therapy for the Laureate Eating Disorders Program in Tulsa, OK. Ms. Graves received her Bachelor of Science in clinical dietetics, with highest distinction, from the University of Oklahoma Health Sciences Center in 1985. She joined the Laureate Eating Disorders Program at its opening. A founding member of the Academy for Eating Disorders, Ms. Graves has served on the Academy's executive committee, board of directors and has been honored as a fellow in the Academy for Eating Disorders in addition to serving on the 2013 National Eating Disorders Association Conference Committee and many regional committees.

Abstract: Improvement in nutritional status is a cornerstone in the treatment of any eating disorder. This presentation will review the rationale for inclusion of nutrition therapy in the treatment process, provide insight into evidence-based nutrition care and suggest direction for needed future research to further define and improve nutrition intervention for eating disorders.

Learning Objectives:

1. Understand the importance of nutrition therapy as a component of eating disorders treatment
2. Identify empirically supported nutritional rehabilitation strategies
3. Describe future directions for research in nutrition therapy